

Kenya & Tanzania Safari

Supplemental Information

Money:

Start collecting your *clean* and *crisp* **US dollars**. Both Kenya & Tanzania accept them. We'll need local currency which we'll acquire from the change given to our US bills. Make sure you use up your foreign currency. Credit cards are accepted at the Lodges. Bring your credit card (*ideally 2*), ATM card, and *clean & crisp* U.S. cash, and we'll be fine. A **money belt** is highly recommended.

Additional Expenses:

Included are 15 breakfasts, 14 lunches, and 14 dinners for our 17-night journey. The 2 breakfasts, 3 lunches, and 3 dinners will most likely be on or close to our flights. If you budget \$10 for each breakfast, \$15 for lunches and \$30 for dinners, we'll need about **\$155 for meals**.

If you are interested in a **Masai Mara Hot Air Balloon** ride the price is about \$450 - \$500 per person. We will purchase this from the vendor at our Lodge. *Credit Cards* are accepted.

Weather Information:

August and September are considered the **winter season** in Kenya and Tanzania (*no worries, no snow*). The average day temperature is 77°F, and at night it will be about 59°F (*Bangkok will be in the 90's/80's*). It is very difficult to predict the weather, so be prepared for extremes – 40°F to 90°F.

Lighter clothes with a warm rainproof jacket will do well. Layering for the cooler times. Comfortable walking shoes are a must. This is a casual tour, but long pants are recommended for dining.

Safari Travel:

It is extremely important to **pack light** on this tour, as safari vehicles have very limited space. Suitcases (*limited to 33 lbs. and soft-sided*), hand carry luggage, and a water cooler are all placed inside the jeep. Dress is light and casual, and laundry service is very reasonable. Beware—drives are long and hard on the body. At times we may travel for about two hours before a rest stop.

Electrical Notes:

In Kenya and Tanzania, 220 to 240-volt outlets are dominant. If you plan to use electrical items you must bring an **adapter** (*three-pronged British Type G*) and may need a **converter**. You can find them wherever luggage is sold.

Medical Info:

Currently we are **REQUIRED** to have a **Yellow Vaccination Certificate**. There are also other **medical risks** in these areas and the **Centers for Disease Control (CDC)** does offer a list of recommendation.

We strongly suggest you talk with your physician about any trip and/or consider visiting a travel clinic like Straub, Jennifer's, Kaiser or Weinstein Pharmacy. It may be covered by your health insurance.

I recently went to Straub's Travel Clinic recently and for this journey they recommended:

Yellow Fever (lifetime), Hepatitis A & B (lifetime), Typhoid, Influenza (flu), Measles, and Malaria. If you travel or plan to travel to second/third world countries often, it's good to have many of these vaccinations. A number of these issues can be prevented by taking precautionary measures while traveling (see *What if I get sick on our journey?* In our Pre-Departure flyer.).